

Constructive Language

One possibility is...
It would be good to...
I love you when...
Thank you for...
I appreciate the...
I like...
I understand why...
Your best quality...
People like you and me...
The best part is...
Have confidence...
Please...
We'll succeed if we...
It's okay to...
My reasoning is...
I'm best at...
The good news is...
Let's make the best of...
That's a good point...
How can I help with...
I'm sorry...
It's my responsibility...

Destructive Language

You never...
There's no way...
You should...
I'm not good at...
What's the point of...
The problem with...
You don't understand...
That's stupid...
Don't go there...
It hurts to...
He doesn't get it...
We'll lose if...
I'm better than...
Listen to me...
Don't start...
Would it kill you to...
It's depressing when...
When I was your age...
I'm afraid that...
This is the worst thing that...
I don't care about...
You make me...