

EARLY CHILDHOOD & GRADE SCHOOL SERIES:

The Blessing of Acceptance: Helping Our Children Realize Their Potential

In this FREE series of workshops, parents will learn that being “good enough” is okay and chasing perfection for our children is not always healthy. Our experts will share their perspective on building strong family foundations.

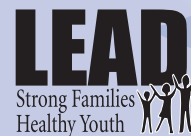
November 30: Celebrating Your Child’s Strengths While Strengthening Your Child

Michael Brandwein, educator and author, will give you immediate and usable tools that bring out the best in your children. He will help you teach them to value and practice essential skills for life, including responsibility and confidence!

March 13: Finding Joy in the Journey

School superintendent Dr. Jenny Wojcik will show parents what truly matters for your children’s happy and healthy existence!

These workshops are hosted by LEAD at no cost, but we encourage you to sign-up early at LEADweb.org. Space is limited!



LEAD is a positive resource for parents of toddlers to teens.

LEAD is dedicated to promoting healthy family relationships and preventing alcohol, tobacco, drug use and other risky behavior by youth.

MIDDLE SCHOOL SERIES:

The Blessing of Raising Teenagers

This FREE series offers strategies for all parents to help children cope with life’s pressures and develop skills that contribute to a well-rounded and productive adult life. You will discover new ways to appreciate your child, and celebrate the many gifts they have to offer! Sponsored by School Districts 65 & 67, Lake Forest Country Day School, and School of St. Mary.

January 25: Make Your Mark

Micah Jacobson, co-founder of The Boomerang Project, whose goal is to help create schools that not only teach students, but reach them as well, will show you how to help your kids focus on who they want to be and the impact they want to make in the world.

February 6: Modern Family — Maintaining Values in a World of Change

In this interactive workshop, Pat Garrity, LCSW, will show you how to foster your family values to help your teen build moral character, respectful relationships, and a strong sense of self.

February 13: Success & Happiness — A Teen’s Perspective

CROYA’s Todd Nahigian and local teens will show parents how to best support their teen to be their best without going overboard.

HIGH SCHOOL PARENT SPEAKER SERIES:

Fostering Independence & Balance

These workshops encourage parents to see beyond the drama of teenage crises and the competitiveness of college applications and guide them toward raising resilient, optimistic adults.

November 9: Street Smarts — Parents, Teens & the Law

A panel discussion with Honorable Christopher Stride, Betty Frank-Bailey of LEAD and LFHS personnel will focus on current laws, ordinances and the legal, academic, and social consequences of alcohol, drug, and social media use for students and their families.

April 2012 (TBD): Breaking Away

Presentation to prepare parents to manage the process of “letting go” with specific tips to help them and their child through the separation process as their senior gets ready to “leave the nest” for college.

Visit [LEAD’s website](http://LEADweb.org) for additional offerings in 2012...
LEADweb.org.

Mark your calendars now for **LEAD’s 4th Annual Red Ribbon Race/Walk** to be held on Sunday, November 6 at Elawa Farm.

Race start at 9 a.m. Walk start at 9:05 a.m. A fun way for the whole family to give back to LEAD during it’s 25th anniversary year.

To register go to LEADweb.org now!

LEAD'S PROGRAMMING THIS YEAR IS ALL NEW!

Parent University has been transformed into a **YEARLONG** series of workshops following this keynote evening presentation.

Wednesday, November 2

Lake Forest High School, 1285 McKinley Road, Lake Forest

7:00 pm

\$16 per person/\$20 at the door (*limited seating*)

KEYNOTE PRESENTATION:

An Evening with Wendy Mogel



Featured expert in the film, *Race to Nowhere*, clinical psychologist Dr. Wendy Mogel will provide strategies to help families stay on their chosen course and offer practical advice to help achieve a life balance in the face of external pressures. Acclaimed author of "The Blessing of a Skinned Knee," and "The Blessing of a B Minus," Dr. Mogel will be available after the presentation for book signings.

Arrangements for the appearance of Dr. Wendy Mogel made through Greater Talent Network, Inc., New York, NY.

LIMITED SEATING...REGISTER NOW!! LEADweb.org

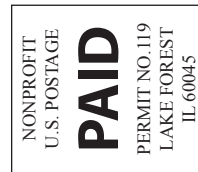
FOLLOW-UP COMMUNITY DISCUSSIONS

Community discussions led by social workers will be conducted in the two weeks following the presentation between 9:30-11 a.m. at the Lake Forest Library.

Open to ALL. No registration required.

November 7: "The Blessing of a Skinned Knee" for parents of children from preschool through Grade 4.

November 14: "The Blessing of a B Minus" for parents of children in Grades 5-12.



LEAD
Strong Families
Healthy Youth

400 E. Illinois Road
Lake Forest, IL 60045

LEADweb.org

Parent University Sponsors:

Buchanan Family Fund
The Village of Lake Bluff
Lake Forest Library
Spirit of 67 Foundation
The Reichert Foundation
Lake Forest Country Day School
Lake Forest High School
Lake Forest High School APT
Lake Forest School District 67
Lake Bluff School District 65
Speak Up! Prevention Coalition

Don't Miss Out... Register Now!

NEW

LEAD Parent University Here for You ALL Year Long!

FOR PARENTS OF CHILDREN FROM PRESCHOOL THROUGH HIGH SCHOOL

Family Matters: Redefining Success

Keynote Event
An Evening with Wendy Mogel
Wednesday, November 2 at 7:00 p.m.



PARENT
University

Register Now at LEADweb.org